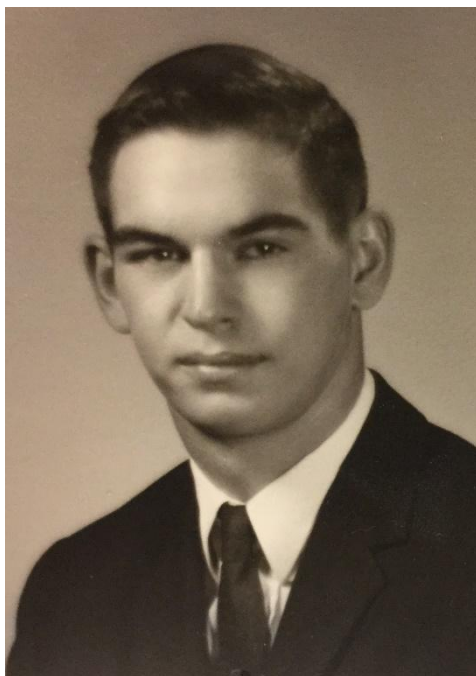


AJ DEMARIS



AJ Demaris came up through the Sisters School District and was a three sport star at Sisters High School, graduating from SHS in 1962. According to Coach Roy Runco, AJ was the best athlete he ever coached. On the football field, AJ was right halfback on the 1959 state championship team, MVP of the 1961 state championship team, and was the starting quarterback and defensive back in the 1961 Shrine All-Star game (one of only three who played both sides). On the basketball court, AJ was team MVP in 1961 and 1962. On the track, AJ at one time held the school records in long jump, shot put, pole vault, and low hurdles. He tied for the state championship in the pole vault in 1961, went to the state championships in the long jump and high jump, and finished second in both the Junior and Senior State Decathlon Meets in 1960 and 1961. AJ later attended the University of Oregon and enjoyed a stellar career as a wildlife biologist. AJ has long family ties with Sisters, including his father Albert, a former mayor of Sisters, and his cousin Gail Demaris, probable namesake for Demaris Lake.



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